

# WOMEN VETERANS PROGRAM



## Welcome to the Women Veterans Program!

Let me introduce myself, I am Tracie Brasier, I am retired from the New Mexico Air National Guard, Active Guard Reserves (AGR), as a Senior Master Sergeant after 23 years of honorable service. I have a wide-ranging of aircraft maintenance experience and special duty assignment in recruiting and retention. As the New Mexico Air National Guard transitioned from the fighter mission to the 58 Special Operations Wing under the Total Force Integration (TFI) Program, I continued my Engine Quality Assurance career under the 150 Special Operation Wing (SOW) and supported CV-22, C-130 Talon, King, and C-130J, Air Education Command (AETC). In 2013 I was promoted as

Propulsion Flight Chief and assigned to Queen Bee, providing UH-1N-T400, UH-60-T700 and C-130-T56 engine/props, which supports 12 bases and 6 MAJCOMs around the world. Amanda has done some amazing things. I have my work cut out for me! I am honored to be the Women Veterans' Program Manager, I am committed to reaching out to women veterans throughout New Mexico to increase their awareness of their state and federal benefits. I will advocate for changes needed to recognize the unique challenges facing women accessing the benefits, programs, and services they have EARNED through their service and sacrifice to our country.

## Website updates

**Pamphlets:** pamphlets are available through the website, for you to print and share in your community. Look for pamphlets targeting mentorship programs and homelessness resources.

**Newsletters:** All the past newsletters will be available on the website. Please share these widely!

**Links:** General resources for women veterans as well as specific resources. Notice something missing? Let me know and I will add it!

**Woman Veteran of the Month:** Amanda started this program and I think its a great way to show case some of are amazing women Veterans!! I am looking forward to highlighting a woman veteran every month, so start those submissions now!



### U.S. Government Organizations for Military Women & Veterans:

#### Center for Women Veterans Department of Veterans Affairs

810 Vermont Avenue, NW  
Washington, D.C. 20420  
Tel: 202-273-6193  
[www.va.gov/womenvet](http://www.va.gov/womenvet)

#### Center for Minority Veterans Department of Veterans Affairs

810 Vermont Avenue, NW  
Washington, DC 20420  
Tel: 202-273-6708  
[www.va.gov/centerforminorityveterans](http://www.va.gov/centerforminorityveterans)

#### Defense Advisory Committee on Women in the Military (DACOWITS)

OASD (FMP) DACOWITS Rm 3D769  
4000 Defense Pentagon  
Washington, D.C. 20301-4000  
Tel: 703-697-2122  
[www.dtic.mil/dacowits](http://www.dtic.mil/dacowits)

#### National Coalition of Homeless Veterans

Tel: 1-800-VET-HELP  
[www.nchv.org](http://www.nchv.org)

#### Department of Defense Sexual Assault Prevention and Response

Tel: 703-696-9422  
[www.sapr.mil](http://www.sapr.mil)

### Online resources relevant to Combat Women Veterans

Women Veterans Health Program  
[www.vaww.va.gov/whp](http://www.vaww.va.gov/whp)

Women Veterans Health Program Services  
[www.vssc.med.va.gov/workloadwvhp.asp](http://www.vssc.med.va.gov/workloadwvhp.asp)

Operation Iraqi Freedom/Enduring Freedom Review Program  
[www.va.gov/enviragents](http://www.va.gov/enviragents)

Iraq War Clinician Guide  
[www.ncptsd.org](http://www.ncptsd.org)

#### Civilian Organizations

Women in Military Service to America  
Department 50  
Washington, DC 20042-0560  
[www.womensmemorial.org](http://www.womensmemorial.org)

Women's Research & Education Institute  
1750 New York Avenue, NW, Suite 350  
Washington, DC 20006  
Tel: 202-698-0444  
[www.wrei.org](http://www.wrei.org)

### **Women Veterans confront intimate partner violence**

Often called domestic violence, IPV occurs when a current or former intimate partner such as a boyfriend, girlfriend or spouse harms, threatens to harm or stalks their partner. According to the VA Women's Health Services Office, one third of women Veterans experience IPV in their lifetime, compared with less than a quarter of civilian women. Researchers are not sure why, but one reason might be that women Veterans simply "have more risk factors" for IPV, including "having parents who have experienced IPV, witnessing violence in the home and being a victim of childhood sexual or physical abuse. We know that people who've had these experiences in childhood are more likely to go into the military." Plus, a woman Veteran or service member is more likely to partner with or marry another Veteran or service member, who in turn is at greater risk of being violent with their partner.

National Domestic Violence Hot-line:  
1-800-799-7233 (SAFE) or  
TTY 1-800-787-3224

## General Resource Phone Numbers

Alcoholics Anonymous 202-966-9115  
American Cancer Society 800-ACS-2345  
The American Heart Association 800-242-8721  
American Red Cross 800-301-3535  
Association Traumatic Stress Specialists (ATSS) 803-781-0017  
Child Abuse: Hotline 800-633-5155  
Cocaine Hotline 800-262-2463  
DOD - Family Advocacy Program 202-433-5032  
Domestic Violence Hotline 800-799-7233  
Drug Abuse Hotline 800-662-HELP  
Mental Health/Substance Abuse 888-910-9378  
National Alliance for the Mentally Ill - Veterans Committee 800-461-5453  
National Alliance of Breast Cancer Organizations 800-719-9154  
National Org.of Victims Assistance 888-777-4443  
National Women's Health Center, US Public Health Services, Dept.HHS  
800-994-WOMAN  
Social Security 800-772-1213  
Susan Komen Breast Cancer Foundation 888-782-7607  
Tricare 888-887-4111  
VA (General Information) 800-827-1000  
VA Center for Women Veterans 202-273-6193  
VA Compensated Work Therapy 800-355-8262  
VA Mammography Help Line 888-492-7844

## Free Civil Legal Aid

The Young Lawyers Division of the State Bar of New Mexico offers free civil legal advice at a quarterly clinic in Albuquerque. They can offer advice on a variety of topics, such as family law, landlord-tenant issues, consumer rights, bankruptcy, and foreclosures. Other service providers will also be available to assist.

8:30 - 10:30 a.m.

8 January, 12 March,

11 June, 10 September

at the

New Mexico Veterans Memorial

1100 Louisiana Blvd SE, Albuquerque

Assistance is given on a walk-in basis to the first 25 attendees. Call the Veterans Justice Outreach Program at (505) 265-1711 x3434 with questions.

