

# WOMEN VETERANS PROGRAM



## Autumn in New Mexico

It has been another busy month, holding office hours at each of our Veteran Service Officer locations. I will be wrapping up this round of visits in October. We can talk about state and federal benefits, community concerns, veteran nonprofit organizations, and access issues...any topic related to women veterans in New Mexico. Stop by and see me when I am in your area! In the same vein, if you do not live near one of the state VSO offices and you have a group of women veterans who would like to talk, shoot me an e-mail and we can set up a visit for your community. Questions? Contact me at:

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## Upcoming Outreach Events

### Roswell Women Veterans Outreach

2 October, 1:00 - 5:00 p.m.

1600 SE Main St, Suite A, Roswell

### Hobbs Women Veterans Outreach

3 October, 1:00 - 5:00 p.m.

2120 North Alto St, Hobbs

### Carlsbad Women Veterans Outreach

4 October, 1:00 - 5:00 p.m.

101 N Halagueno Rm 204, Carlsbad

### Gallup Women Veterans Outreach

9 October, 8:00 a.m. - 12:00 p.m.

908 Buena Vista Ave, Gallup

### Santa Clara Women Veterans Outreach

10 October, 1:00 - 5:00 p.m.

11990 U.S. Hwy 180 East

### Santa Fe Community College Veterans & Family Appreciation Day

8 November, 2:00 - 5:00 p.m.

6401 Richards Ave, Santa Fe

### Isleta Pueblo Annual Native American Veteran Symposium

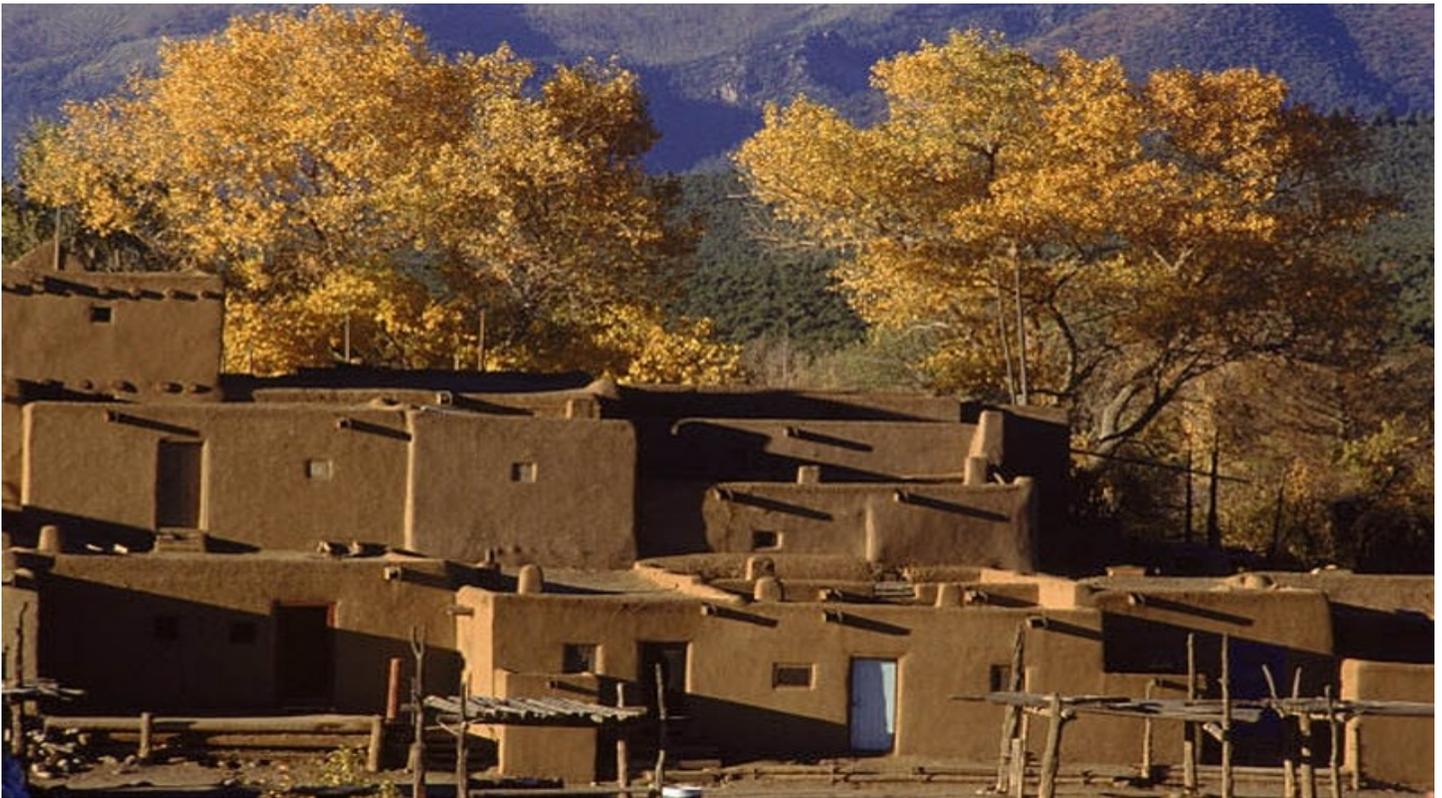
9 November, 8:00 a.m. - 4:00 p.m.

Isleta Hotel and Casino

### Las Cruces Veterans' Day Parade

10 November, 3:00 p.m.

Las Cruces



### **Forgotten Heroes**

The unclaimed cremated remains of nine military veterans who, upon their deaths, were indigent or whose body went unclaimed by family members, will be laid to rest at a special *Forgotten Heroes Funeral* at 11am on October 4 at the Santa Fe National Cemetery.

Their cremains will be interred with full military honors, and the public is welcome to attend and show their respect.

### **Service Dogs of New Mexico**

Service dog training orientation will be held on October 14<sup>th</sup> starting at 2:00 p.m. at Duke City Dog Academy at 4207 Lead Ave, Albuquerque. No dogs at the orientation, please. For application and release forms, reply to this e-mail.

For additional details, contact Bennie Jean at (505) 358-1366.

### **Veterans Integration Center Roswell Stand Down**

The New Mexico Veterans Integration Center will be holding a Stand Down for homeless veterans at the Roswell Recreation Center (807 N Missouri Ave) on November 16<sup>th</sup> from 9:00 a.m. to 12:00 p.m.

Learn more at <http://nmvic.org/standdown.html> or call Tim at (505) 296-0800.

### **Senior Olympic 3-on-3 Basketball Team**

Women Veterans, 55 or older, are invited to try out for a basketball team that will compete in the NM Senior Olympic Team Tournaments from November 2 - 4. This event will serve as a qualifier for the 2019 National Senior Games in Albuquerque June 14 - 25.

Contact [ndhinton@gmail.com](mailto:ndhinton@gmail.com) for details!

### **Gallant Few-Women with a Mission**

The Gallant Few mentorship program is in the process of creating a women-centric transition mentorship program, Women with a Mission. Learn more about keeping balance during your transition to post military life at their VetXpo in Fort Worth, TX from October 26-28.

Learn more at [www.vetxpo.com](http://www.vetxpo.com)

### **CenterPoint Retreats**

These are free, 6-day recovery retreats for women OEF/OIF veterans. Veterans must currently be in counseling and have completed 3 sessions in the past 6 months. There are retreats across the country, but locally we have the Manzano Mountain Retreat from May 12-17, 2019.

For more information go to: [www.centerpointretreats.org](http://www.centerpointretreats.org)



### A Salute to Women Veterans

Las Cruces has themed their Veterans Day parade A Salute to Women Veterans. Women veterans can register to be in the parade at [www.lascrucesvetday.org](http://www.lascrucesvetday.org). The website also includes the route of the parade, which is about two miles. Veterans can register to walk the parade, ride it, or register as an organization. Las Cruces is aiming for 300 women veterans in the parade, and with 17,000 women veterans in New Mexico, I think we can make that happen!

With Veterans Day right around the corner, I would love to hear what is happening in your corner of the state. Send me an e-mail and I will include your event in the next newsletter.



### Study of Barriers to Women Veterans from VA Health Care

As the number of women veterans continues to grow, the VA is preparing for an increased demand for women's health care needs. To prepare for this growth, the VA commissioned this study to look at women veterans' health care use, preferences, and what barriers exist between the veteran and her care. The study looks at issues from education about what benefits are out there to transportation limitations to child care to the gender sensitivity of the VA providers.

Review this comprehensive paper under "VA Reports and Research" here:

<https://www.va.gov/womenvet/research/index.asp>

### Free Military Sexual Trauma Counseling at VA Medical Centers

The VA offers health care services related to MST, independent of whether the veteran has filed a compensation claim regarding the MST and even if they qualify for no other VA benefits. This treatment can cover a variety of issues related to MST, such as PTSD, depression, anxiety, or substance abuse.

For more details, call (505) 265-1711 and ask to speak to the MST coordinator. You may also contact your local Vet Center.

For details about filing a compensation claim related to MST, please call me at (505) 383-2431. You can also speak to the MST coordinator at the VA Regional Office at 500 Gold Ave, Albuquerque.